



# Associates' Transportation Resource

Welcome to Adventist Health Glendale! Did you know that driving alone to work is not your only option and maybe not even be the most beneficial one? Alternative modes of transportation can decrease your stress level, help the environment, and also save you money. Check below the options you have around Adventist Health Glendale. And we guarantee your ride home in case of emergency ([GoGlendale.org/GRH](http://GoGlendale.org/GRH)).

For personalized trip planning assistance and more, join the Commuter Club at [GoGlendale.org/CommuterClub](http://GoGlendale.org/CommuterClub) or contact us at [contact@GoGlendale.org](mailto:contact@GoGlendale.org) or 818-543-7641.



## Bike

Yes, your bike has a place on transit! Buses have bike racks and trains have bike-friendly cars. Check below the ride-time to major venues and transit stops:

Commuter Express 409, 549 - 3min

Metro 28, 180, 181, 685, 780 - 4-5min

Beeline 6 - 4min

Metro 92, 501 - 11 min

## Bus

The following lines are within short walk (5 to 15 minutes) from Adventist Health Glendale:

Commuter Express 409 - \$1.50-3.00/ride

Commuter Express 549 - \$1.50-3.00/ride

Beeline 6 - \$1.00/ride

Metro 28, 180, 181, 201, 685, 780 - \$1.75/ride



### Metro

Adventist Health Glendale associates can purchase the Metro 30-Day pass and ride as much as they like in any Metro bus or rail. Please contact the [Human Performance main line](#) at 818-409-8040. A portion of the associates' cost is subsidized.



To ride the Beeline, stored value can be added to your TAP card or monthly passes can be added.



Commuter Express monthly passes are available and the prices vary based on the origin-destination distance.

## Carpool

With **on-demand** services you will request the ride or offer the drive every day according to your work hours on that day. This way you can have a more flexible schedule and be paired each day with the most efficient route.



Waze Carpool

Download the app at App Store / Google Play or access

[Waze.com/carpool](http://Waze.com/carpool)

**Fixed ride** services will request prior information about your usual work hours and pair you with people with similar hours and routes. This way you will have a fixed carpool partner, that can be your neighbor or co-worker, for a longer period of time.



[RideMatch.info](http://RideMatch.info)

## Train

The Glendale Train Station/Glendale Transportation Center is located at 400 W Cerritos Ave, Glendale, CA, 91204. Three train lines served by **Amtrak** ([Amtrak.com](http://Amtrak.com)) and **MetroLink** ([Metrolinktrains.com](http://Metrolinktrains.com)) stop at the station. For your convenience, Glendale provides a shuttle service to and from the main campus to the Metrolink station. Contact Human Performance office for schedule details.

Amtrak and Metrolink ticket prices vary according to the origin- destination distance. A Metrolink monthly pass is available and can be used on Amtrak trains. A portion of the associates' cost is subsidized.

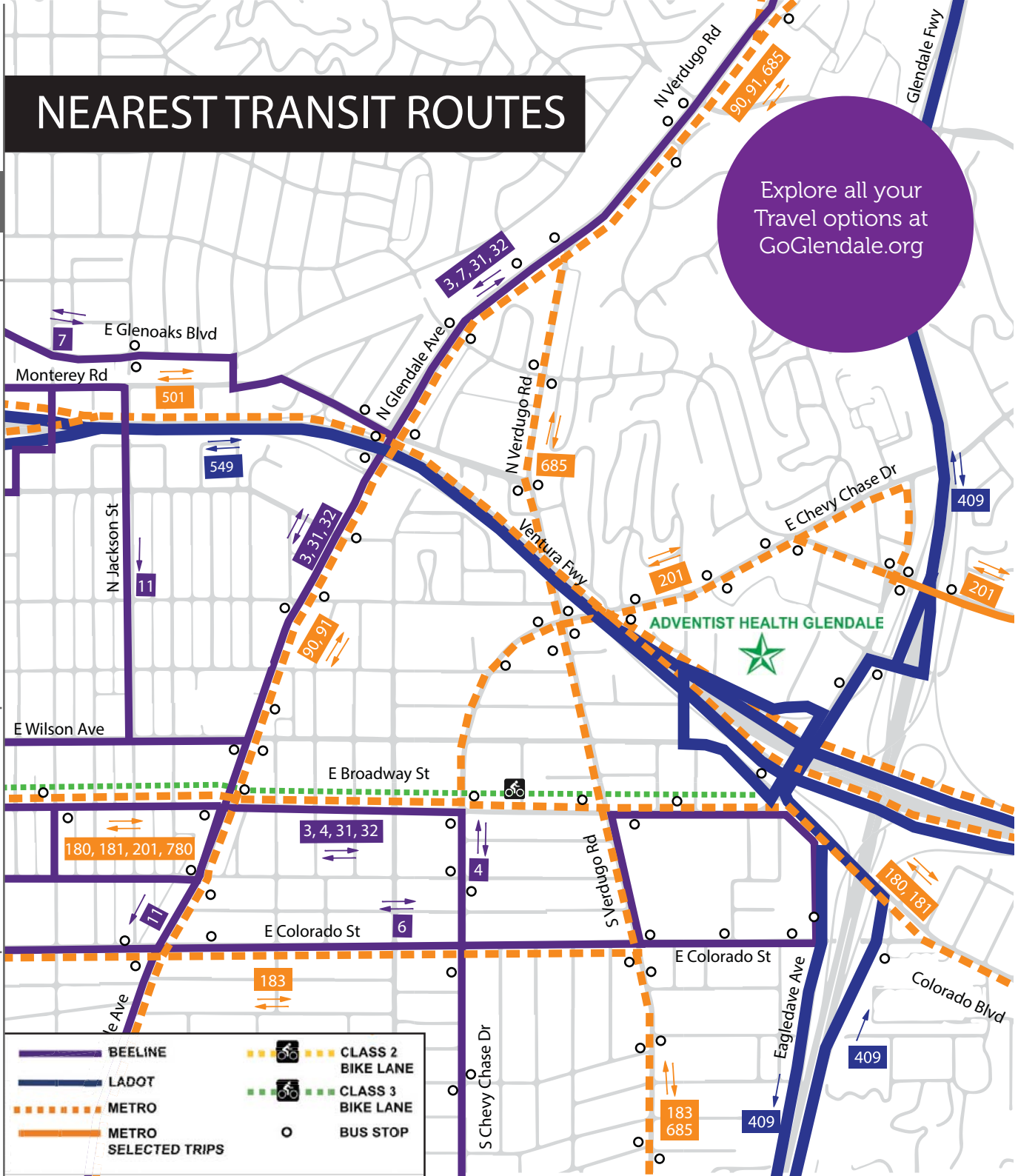


Adventist Health - Glendale

## ROUTE & FARE INFORMATION

Operator	Nearest Routes	Cash Fare
<a href="http://glendalebeeline.com">glendalebeeline.com</a> 	<b>3/31/32</b> Glendale Galleria to Jet Propulsion Lab (JPL)/ GCC Via Glendale Av/ Verdugo Rd/ Honolulu Av/ Foothill Blvd <b>4</b> Roosevelt Middle School to Glendale Galleria Via Chevy Chase Dr/ Broadway/ Harvard St/ Central Av <b>6</b> Pacific Community Center & Park to Glendale High School Via Riverdale Dr/ Colorado St/ Broadway <b>7</b> Riverside Rancho to Glendale Community College (GCC) Via Western Av/ Glenoaks Blvd/ Stocker St/ Glendale Av <b>11</b> Metrolink Express: Glendale Transportation Center to Downtown Glendale (M-F) Via Central Av/ Brand Bl/ Wilson St/ Colorado St	<b>\$1/ride</b> Routes 1-7  <b>\$2/ride</b> Routes 11-12
	<b>90/91</b> Glendale - Downtown LA <b>180/181</b> Hollywood - Glendale - Pasadena <b>183</b> Sherman Oaks - Glendale Station <b>201</b> LA - Silverlake - Glendale <b>603</b> Glendale Galleria - Grand Station <b>780</b> Washington / Fairfax Transit Hub - Pasadena (M-F)	<b>\$1.75/ride</b>
<a href="http://ladottransit.com">ladottransit.com</a>	<b>409</b> Sylmar - Downtown LA Via Lake View Terrace, Sunland, and Montrose <b>549</b> San Fernando Valley - Pasadena Via Burbank and Glendale	<b>\$1.50 - 3.00/ride</b> Depending on distance

# NEAREST TRANSIT ROUTES



Explore all your Travel options at [GoGlendale.org](http://GoGlendale.org)

BEELINE	CLASS 2 BIKE LANE
LADOT	CLASS 3 BIKE LANE
METRO	BUS STOP
METRO SELECTED TRIPS	

For more trip planning assistance, visit [GoGlendale.org](http://GoGlendale.org)  
 Contact us via [director@GoGlendale.org](mailto:director@GoGlendale.org) ☎ 818 543 7641